

THIS UP

Choregraphes : Sophie Coudière, Antonia & Thierry Grangeon, Robert Sanchez, Bruno Penet
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Description : Intermediate, 64 Counts, 2 Walls

Music : Honky Tonk This Up (Coffey Anderson) (94 Bpm)

CD : Single (2024)

SECT 1 : ROCK BACK, STOMP UP X2, ROCK BACK, STOMP SIDE (R & L)

- 1-2 **(jumping)** Step RF back **(Rock)**, recover weight on LF
- 3-4 Stomp Up RF twice beside LF
- 5-6 **(jumping)** Step RF back **(Rock)**, recover weight on LF
- 7-8 Stomp RF to R side, stomp LF to L side

SECT 2 : HEEL FAN (R & L), HEEL FAN (R & L) ending FLICK, ¼ TURN R & ROCK FWD, ¼ TURN R & STEP FWD, SCUFF

- 1-2 Pivot R heel to L, return R heel to center
- 3-4 Pivot L heel to L, return L heel to center
- 5-6 ¼ de turn to R side & step RF forward **(Rock)**, recover weight on LF (3 :00)
- 7-8 ¼ de turn to R side & step RF forward, scuff L heel beside RF (6 :00)

SECT 3 : OUT – OUT, IN – TOUCH BACK, ½ TURN R & HEEL STRUT, STEP FWD, PIVOT ½ TURN R

- 1-2 Step LF diagonal L, step RF diagonal R
- 3-4 Step LF back **(in the center)**, touch R toe back
- 5-6 ½ turn R & step RF forward, drop R toe (12 :00)
- 7-8 Step LF forward, pivot ½ turn R **(recover weight on RF)** (6 :00)

SECT 4 : OUT – OUT, IN – IN, HEEL SPLIT, HEEL FAN ending HOOK & SLAP

- 1-2 Step LF diagonal L, step RF diagonal R
- 3-4 Step LF back **(in the center)**, step RF beside LF
- 5-6 Spread the heels, return to center
- 7-8 Pivot R heel to L, hook RF back **(touching the RF with the L hand)**

SECT 5 : TOUCH SIDE / FWD / SIDE, HOOK BACK, ¼ TURN R & ROCK FWD, ¼ TURN R & STEP FWD, SCUFF

- 1-2 Touch T toe to R side, touch R toe forward
- 3-4 Touch R toe to R side, hook RF back
- 5-6 ¼ turn R & step RF forward **(Rock)**, recover weight on LF (9 :00)
- 7-8 ¼ turn R & step RF forward, scuff LF beside RF (12 :00)

SECT 6 : CROSS ROCK X2, STEP FWD, STOMP, SWIVET TO R

- 1-2 **(jumping and stepping back slightly)** Cross LF over RF **(Rock)**, recover weight on RF
- 3-4 **(jumping and stepping back slightly)** Cross LF over RF **(Rock)**, recover weight on RF
- 5-6 Step LF forward, stomp RF beside LF
- 7-8 Pivot R toe to R and L heel to L **(body weight on right heel and left toe)**, back to center

SECT 7 : VINE TO R ending ¼ TURN L, SCUFF, VINE TO L ending ¼ TURN L, SCUFF

- 1-2 Step RF to R side, cross LF behind RF
- 3-4 ¼ turn L & step RF back, scuff L Heel beside RF (9 :00)
- 5-6 Step LF to L side, cross RF behind LF
- 7-8 ¼ turn L & step LF forward, scuff R heel beside LF (6 :00)

SECT 8 : VINE TO R, SCUFF, LATERAL SCOOT TO L X 2, STEP SIDE, STOMP UP

- 1-2 Step RF to R side, cross LF behind RF
- 3-4 Step RF to R side, scuff L heel beside RF
- 5-6 Jump twice on RF sideways to the L (*raising the L knee*)
- 7-8 Step LF to L side, stomp up RF beside LF

REPEAT

TAG

After the 1er & the 2th walls, add the steps :

SECT : KICK FWD (R & L), FLICK, STOMP, SWIVEL TO R (TOE, HEEL), SWIVEL TO L (HEEL, TOE)

- 1-2 ★ Kick RF forward, kick LF forward (*by assembling RF*)
- 3-4 Flick RF (*by assembling LF*), stomp RF beside LF
- 5-6 Pivot R toe to R, pivot R heel to R
- 7-8 ★ Pivot R heel to L, pivot R toe to L

FINAL

At 6th wall after the 4th section, add the step :

STOMP SIDE

- 1 Stomp RF to R side

